

# Clinically validated markers of extracellular matrix remodeling are altered by anti-fibrotic compounds in a human skin ex vivo model

Cecilie Møller Hausgaard<sup>1</sup>, Signe Holm Nielsen<sup>1</sup>, Helena Port<sup>1,2</sup>

<sup>1</sup>Nordic Bioscience, Herlev, Denmark, <sup>2</sup>Department of Biomedical Sciences, University of Copenhagen, Copenhagen, Denmark

## Introduction and Aim

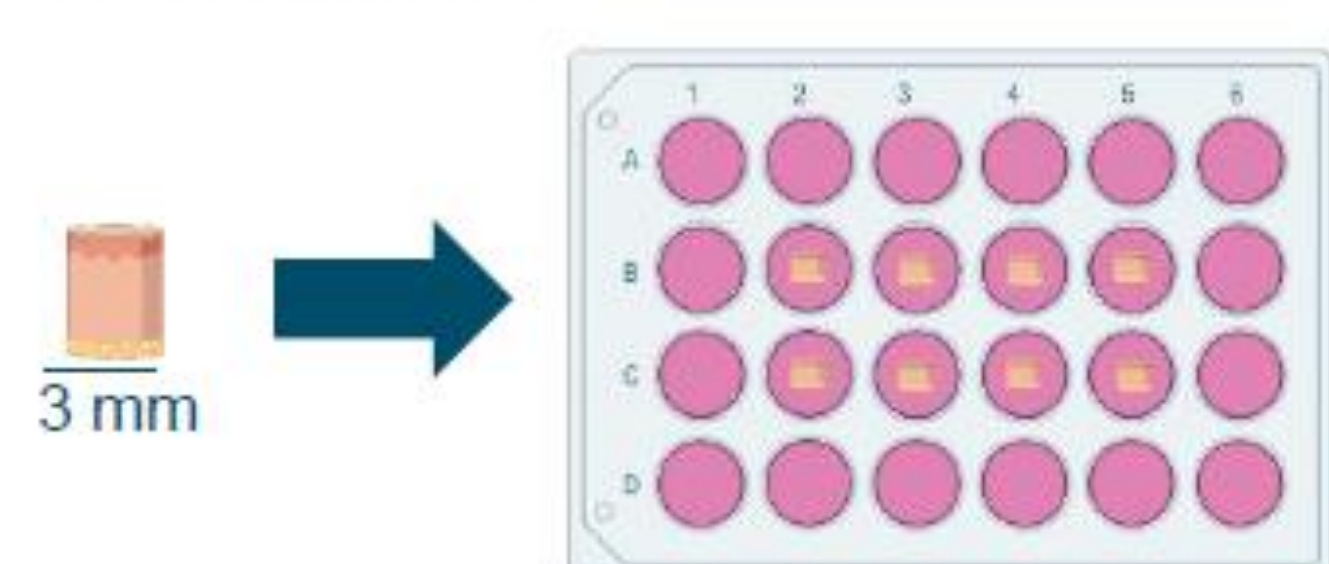
Skin pathologies, such as hidradenitis suppurativa and scleroderma, are characterized by excessive extracellular matrix (ECM) remodeling. Clinically validated ECM neo-epitope biomarkers, related to progression, treatment response, and outcomes, may be useful for the evaluation of potential anti-inflammatory and anti-fibrotic effects.

## METHODS

- 1 Human skin samples were collected from two donors undergoing abdominoplasty.

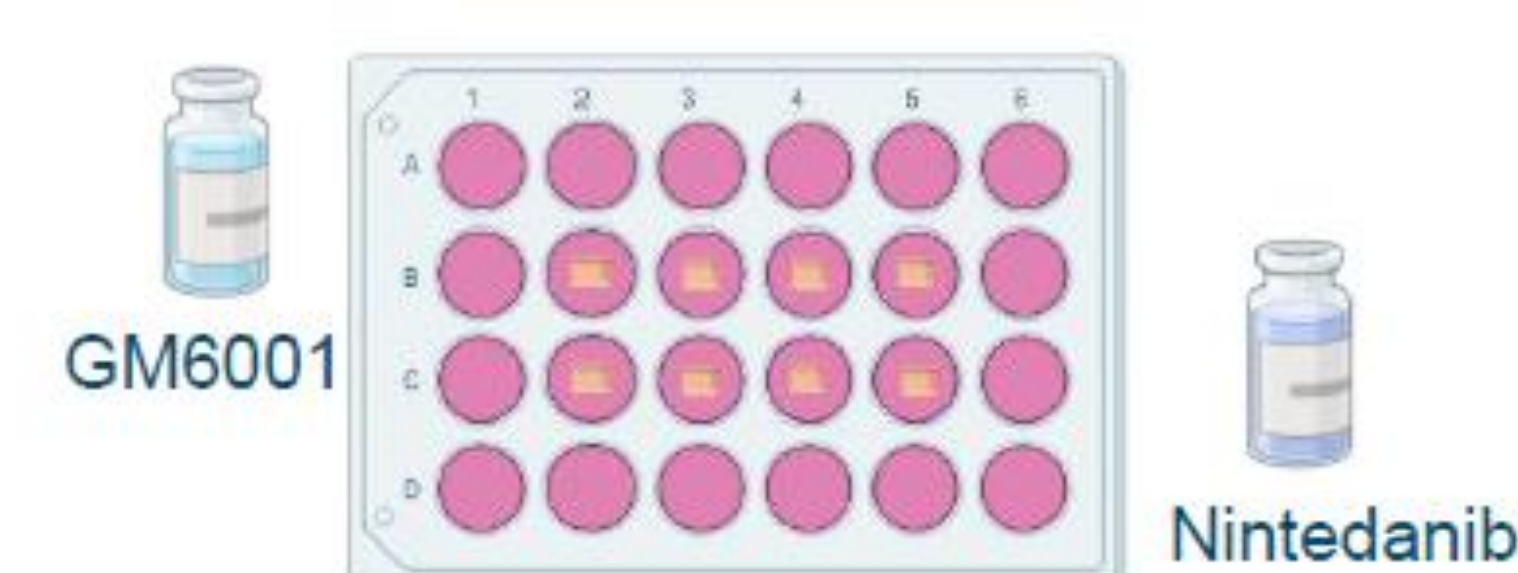


- 2 Within 24 hours, the skin was processed as 3mm full-thickness punch biopsies (epidermis, dermis and hypodermis).



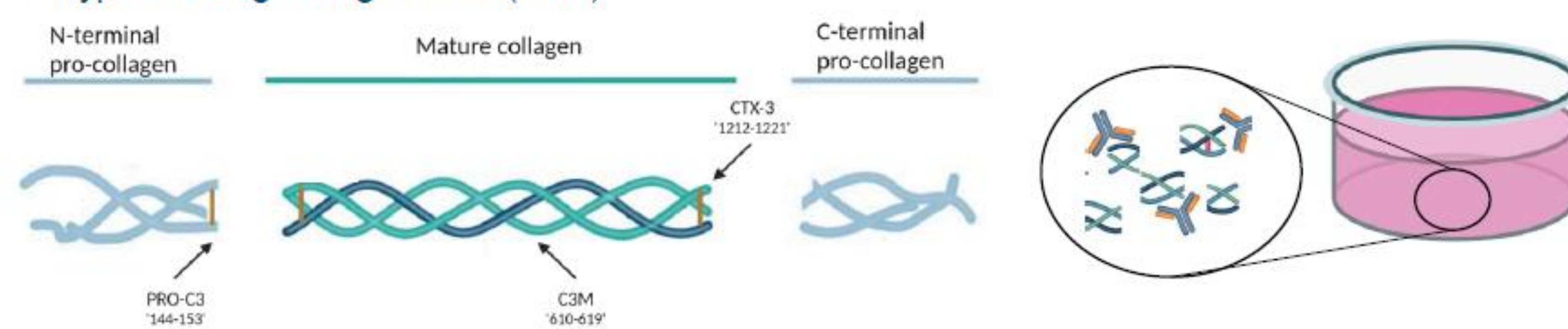
- 3 Five biological replicates from each patient were cultured for 48 hours in serum-free medium with either:

- GM6001 – an Matrix Metalloproteinase (MMP)-inhibitor
- Nintedanib – an anti-fibrotic compound



- 4 Biomarkers of type III collagen were evaluated in the supernatants using ELISA assays:

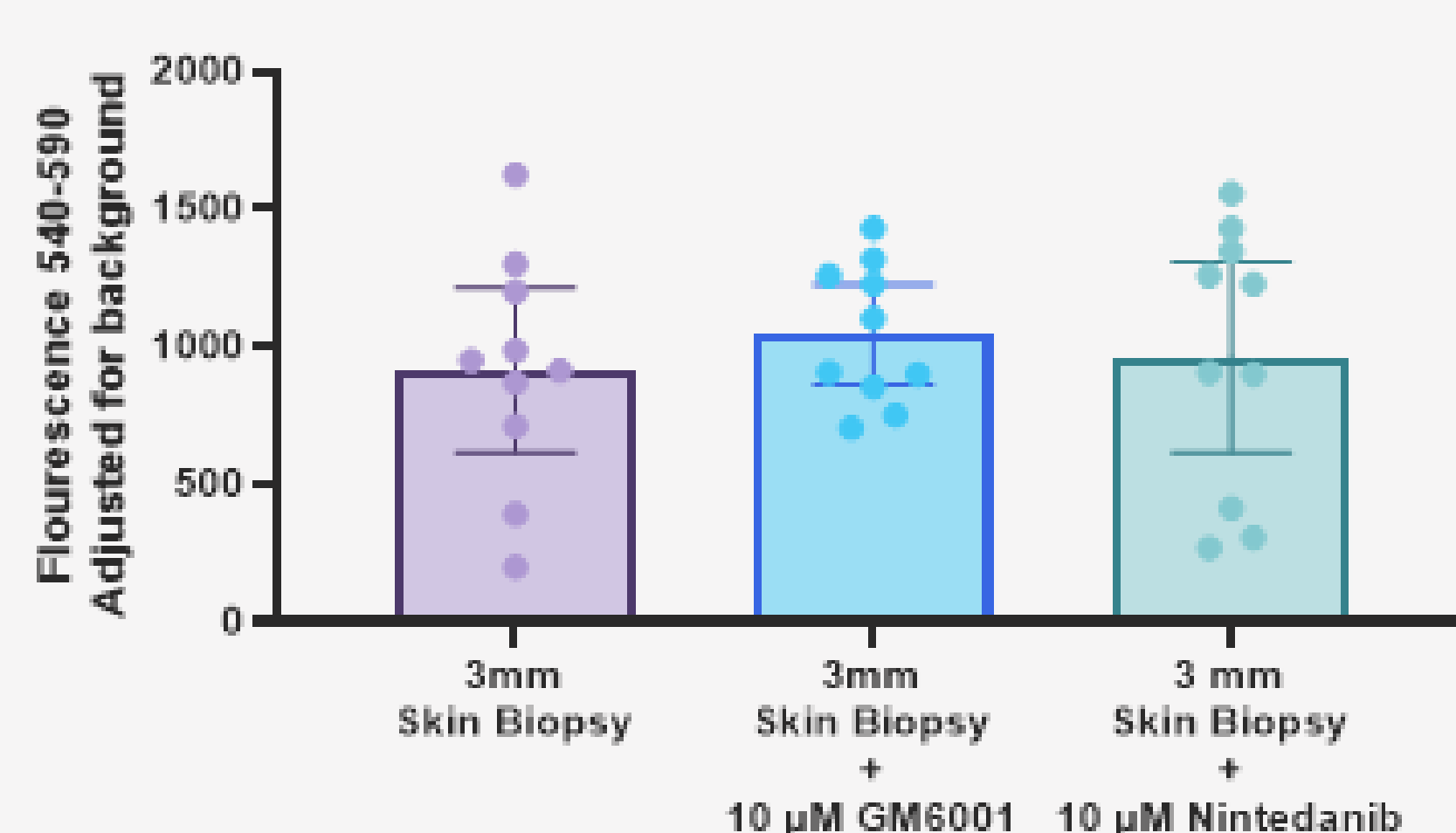
- Type III collagen formation (PRO-C3)
- Type III collagen degradation (C3M)



## RESULTS

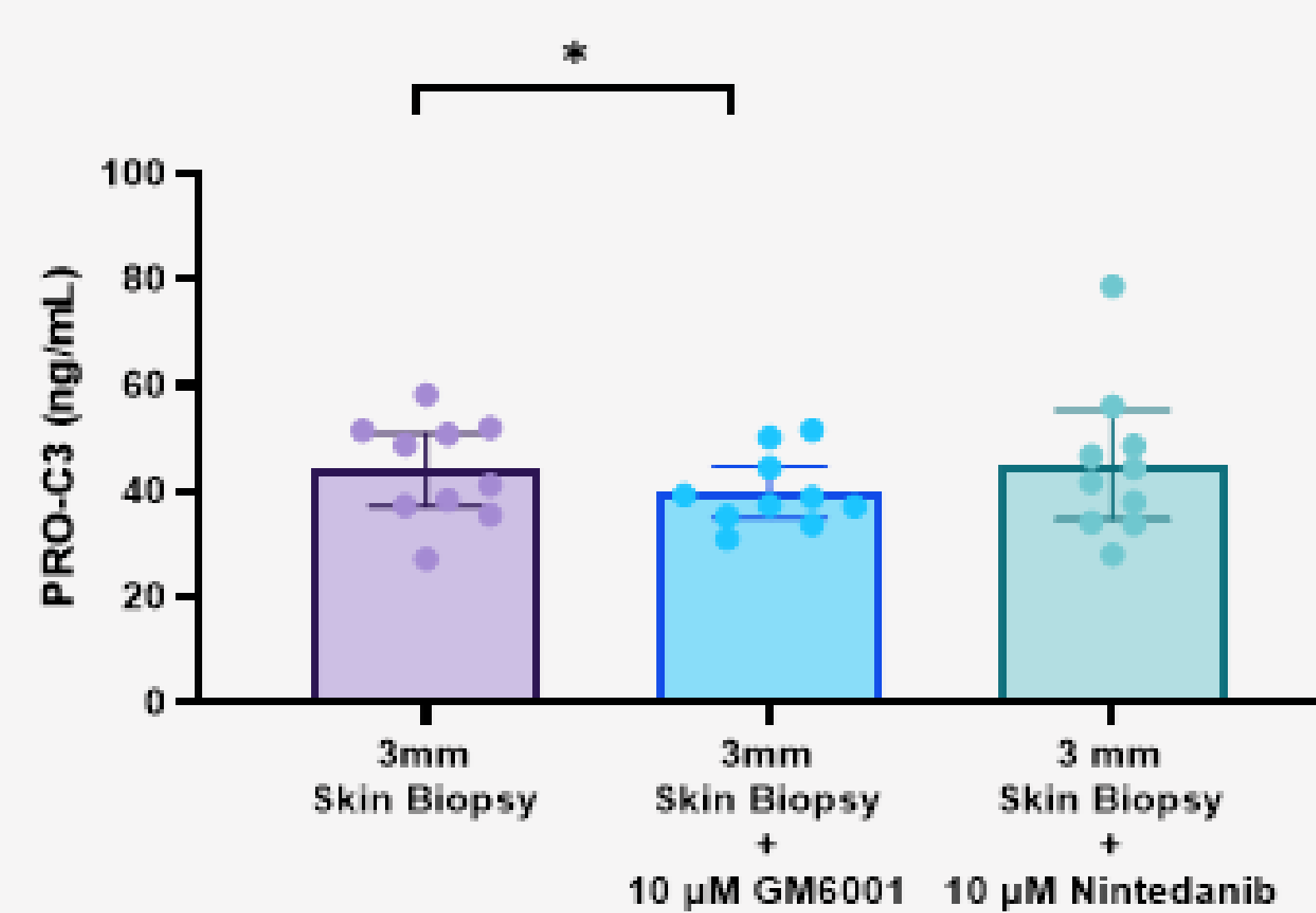
The tissue from both donors was responsive to Alamar blue, and no toxicity was seen with the selected compounds. C3M and PRO-C3 were significantly reduced by GM6001 ( $p=0.0001$  and  $p=0.0305$ , respectively), while only C3M was reduced by Nintedanib ( $p=0.0240$ ). Data varied dependent on donor.

### Viability by Alamar Blue



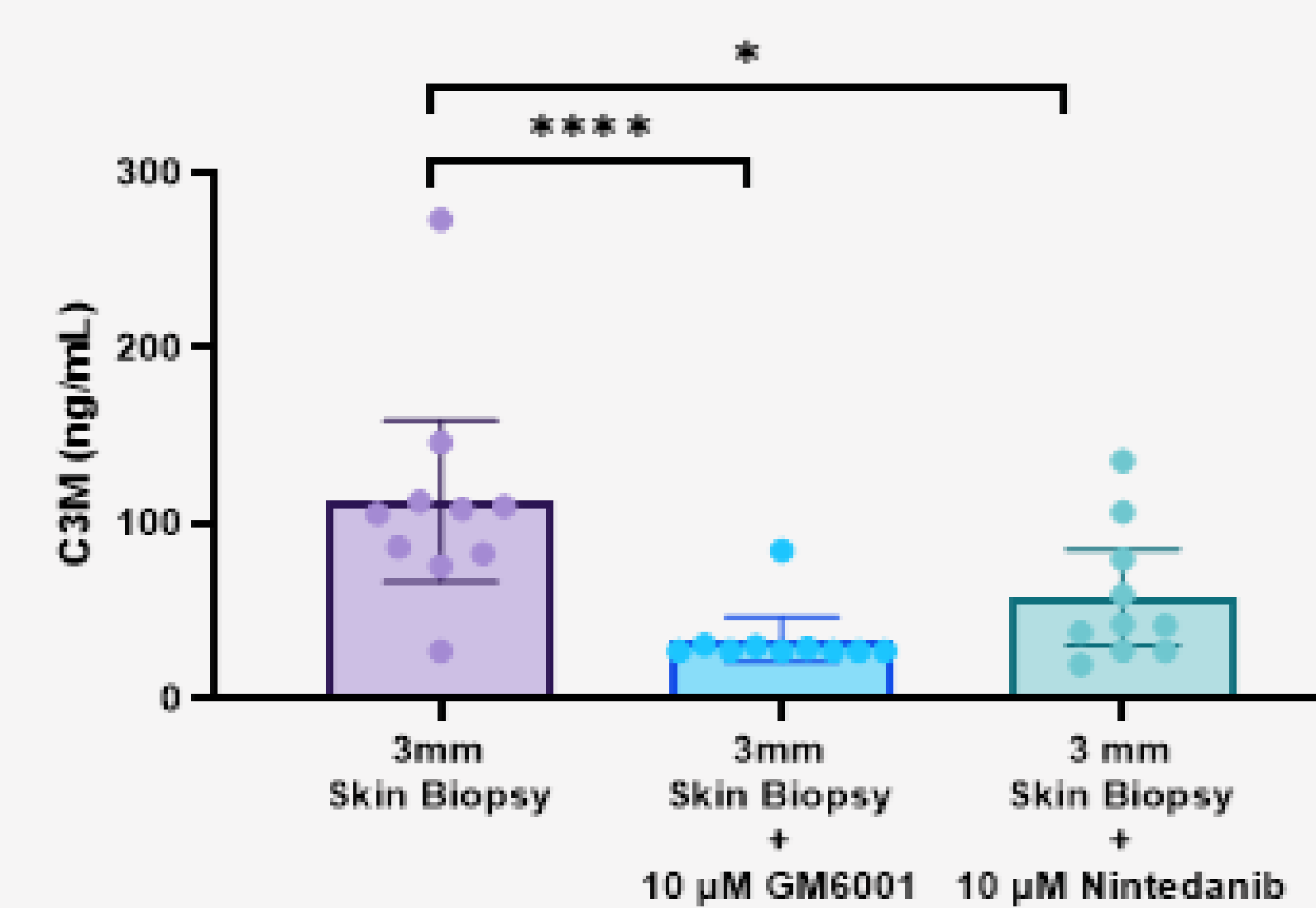
Kruskal Wallis test  
Data is shown as mean with 95% CI

### PRO-C3 levels are inhibited by GM6001



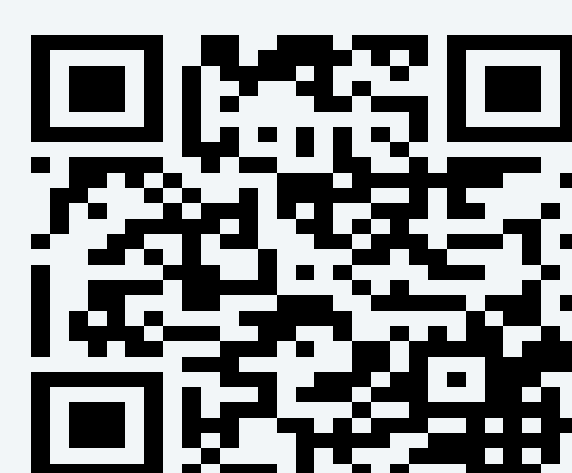
Kruskal Wallis test  
Data is shown as mean with 95% CI

### C3M levels are inhibited by GM6001 and Nintedanib



Kruskal Wallis test  
Data is shown as mean with 95% CI

\*  $p<0.05$ ; \*\*  $p<0.01$ ; \*\*\*  $p<0.001$ ; \*\*\*\*  $p<0.0001$



## CONCLUSION

We found that an MMP-inhibitor and anti-fibrotic decreased biomarkers of ECM remodeling in a human skin ex vivo model and may potentially be used as a tool for evaluating anti-inflammatory and anti-fibrotic compounds in a 3D skin structure.