

Development of a novel assay to quantify circulating full-length endotrophin and validation as a risk marker of complications in type 2 diabetes.

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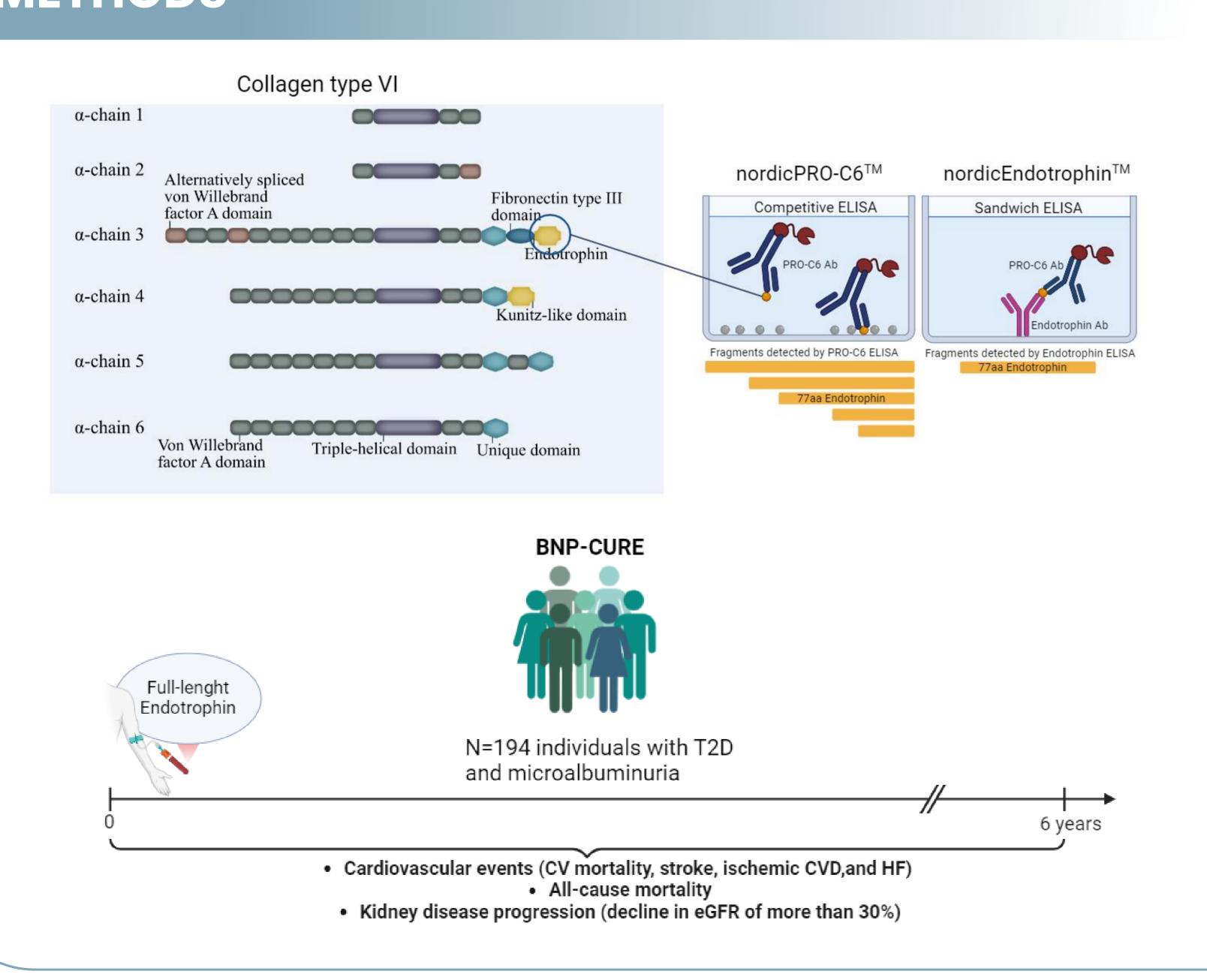
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BACKGROUND

Endotrophin (ETP), a bioactive fragment of type VI collagen (COL6), has been widely evaluated as a biomarker of risk of outcome in type 2 diabetes (T2D).

The most used assay to quantify ETP is a competitive ELISA employing an antibody targeting the C-terminal of the $\alpha 3$ chain of COL6, encompassing part of the ETP sequence (nordicPRO-C6). We developed a sandwich ELISA targeting full-lenght ETP (nordicEndotrophin), which employes an antibody targeting the N-terminal end of the ETP molecule and the antibody targeting the C-terminal end of COL6A3 (PRO-C6). We evaluated the potential of the two assays as risk markers of T2D adverse outcomes.

METHODS



RESULTS

Technical evaluation summary for Full-length Endotrophin					
ELISA format	Sandwich ELISA				
Intended matrix	Human serum (1+1)				
(MRD)	Human EDTA (1+1)				
Incubation buffer	50 mM PBS-BTB, 8g/L NaCl + 5% liqui II, pH 7.4				
	Human serum: 5.93 – 200 (ng/ml)				
Measurement range,	uncorrected				
LLOQ-ULOQ	Human EDTA: 6.82 – 200 (ng/ml) uncorrected				
LOB	2.48 ng/ml				
Mean slope (±20%)	1.27 (1.06-1.58)				
Mean IC25 (±20%)	22.07 (17.66-26.48)				
Mean IC50 (±20%)	52.51 (42.01-63.01)				
Mean IC75 (±20%)	125.66 (100.53-150.79)				
Intra-assay CV%	2.5% - 4.3%				
Inter assay CV%	9.7% - 12.9%				
Dilution	Human serum (1+1): 111.9				
recovery (REC%)	Human EDTA (1+1): 107.6				
Spiking peptide in	Human serum: Accepted				
matrix	Human EDTA: Accepted				
Spiking matrix in	Human serum: Accepted				
matrix	Human EDTA: Accepted				
Sample freeze-thaw (mean REC% in 5	Human serum: 94.2				
cycles)	Human EDTA: 94.3				
	Human serum: 48h at 36-38° (2/3)				
Sample stability	Human EDTA: 48h at 36-38° (2/3)				
Interference	Human serum: 94.7/95.5				
hemoglobin (mean	Human EDTA: 103.4/94.5				
REC%), low/high					
Interference lipid (mean REC%),	Human serum: 96.9/93.8				
low/high	Human EDTA: 100.4/100.1				
Interference biotin					
(mean REC%),	Human serum: 98.9/ 104.9/103.6				
5ng/ml/40ng/ml/100	Human EDTA: 104.7/109.2/111.5				
ng/ml					

Table 1: Technical evaluation of the full-length endotrophin assay

Figure 1: signaling roles of endotrophin, a degradation product of collagen type VI (a3 chain)

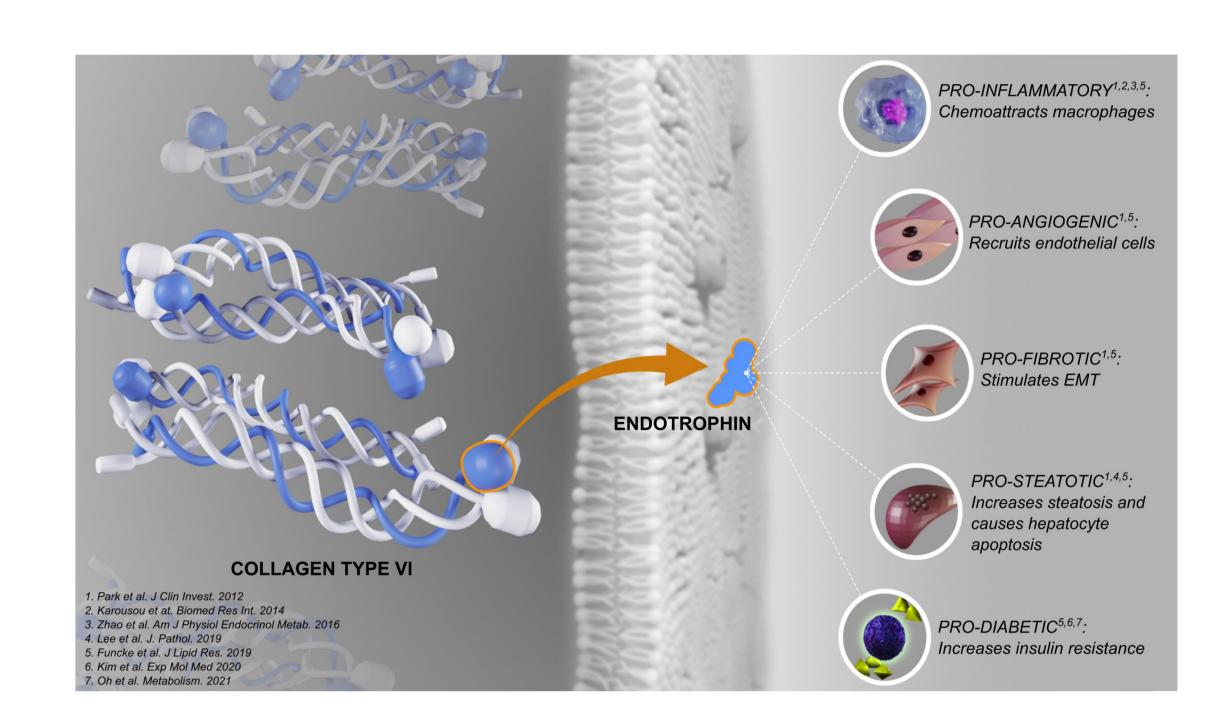


Table 2: Association of endotrophin measured with the PRO-C6 and full-length endotrophin assays and outcome in the BNP-CURE cohort

	PRO-C6		Endotrophin	
Outcome	HR (95% CI)*	Р	HR (95% CI)*	Р
All cause mortality (n=25/187)	2.99 (1.60-5.62)	0.0006	4.97 (2.11-11.70)	0.0002
CV events (n=37/187)	1.61 (0.82-3.18)	0.17	3.51 (1.69-7.27)	0.0007
CKD progression(n=40/166)	3.22 (1.75-5.92)	0.0002	2.42 (1.22-4.80)	0.01

^{*}Adjusted for baseline age, sex, BMI, HbA1c, systolic BP, LDL cholesterol, UAER, eGFR, current smoking. Adjusted hazard ratios (HR's) are reported as doubling of baseline biomarker

CONCLUSION

The nordicEndotrophin assay is a technically robust sandwich ELISA quantifying the full-lenght endotrophin molecule in circulation. This biomarker presents a similar, or possibly higher prognostic power for complications of T2D than the competitive ELISA nordicPRO-C6, used so far to quantify endotrophin in circulation.



